



# AHIMSA REIKI SHARE CIRCLE

with Jerry Mikutis



**Sunday,  
Feb 2**

**1:00pm - 4:00pm**

Ahimsa Berwyn,  
3120 S. Oak Park Ave.,  
Berwyn

Free to all Ahimsa Reiki students (please pre-register as "Ahimsa Reiki student") \$10 if you were trained elsewhere (please pre-register).

**Sign Up Online  
Today!**

[AhimsaYogaStudios.com/Events](http://AhimsaYogaStudios.com/Events)

*\*Members are students enrolled in Ahimsa's Gold or Silver memberships, First Week/Month memberships, Workstudy Students, or Ahimsa Teachers.*

Please join us for a Reiki Circle and share where confidence builds and experience grows! This time is available for all trained Reiki practitioners of at least level 1 who would like to hone their healing skills, treat themselves to a Reiki session and meet fellow Reiki practitioners who are on a similar journey.

There will be time to ask questions, share experiences, meditate with the Reiki energy, and to give and receive a treatment. The more you train and practice your Reiki skills, the more your confidence will grow and your healing will get stronger.

Students may come and go as they please throughout the posted class time. There will be a group meditation from about 1:15PM to 1:45PM, please plan your arrival to be before or after those times to not disrupt the peaceful quiet of the meditation.